



Dental Implant Update

Enjoy the beauty of a healthy smile!

by **Albert Internoscia, DMD, MAGD**

Master Academy of General Dentistry

Summer 2006

Don't Tell! They Won't Know!

Mini dental implants

Who wouldn't want to look better, speak better, eat better ... and smile more? Mini Dental Implants are now the first choice for many people who need to replace missing teeth or stabilize dentures.

There is no healing period after placement and no stitches are required

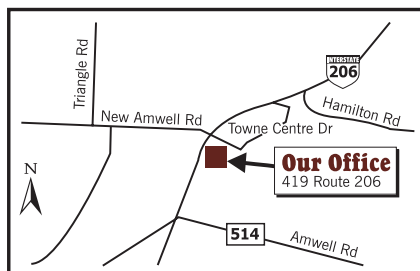
Mini Dental Implants are FDA approved and the procedure can be performed right here in the office with only a mild anesthetic. Very strong metal implants, that are similar in diameter to a toothpick and look and act like the roots of teeth, are placed in the jaw. By modifying the patient's denture so that it can snap onto the implants tightly and reliably, many patients are able to speak

and eat with confidence – for the first time in a long time.

As long-lasting as the results are, placing Mini Dental Implants takes only about an hour. Because the procedure is minimally invasive, and the implants are tiny, there is no healing period after placement and no stitches are required. The denture can be snapped in immediately. In fact, most patients are able to eat a light meal within only an hour or so after having the mini implants placed.

An additional welcome benefit to patients is the ease of home hygiene care. With a little practice, the denture is easy to remove and replace.

With Mini Dental Implants, your friends won't know how you're looking so good – but you'll feel so great you might just want to tell them!



Free Implant Consultation!

(908) 874-4555

Towne Centre Family Dental and The Implant & SmileMakeover Studio

Albert Internoscia, DMD, MAGD

Lauren Psillos, DMD

Dawn DiGrazia, DMD

419 Route 206

Hillsborough, NJ 08844-5094

Office Hours

Monday	8:30 am	– 12:30 pm
Tue/Thu	8:30 am	– 8:30 pm
Wed/Fri	8:30 am	– 5:00 pm
Saturday	8:30 am	– 2:00 pm

Web site www.familydental.com

Our Services Include:

- Family & cosmetic dentistry
- Tooth whitening and veneers
- Implant surgery and implant crowns done here
- Tooth-colored & mercury-free fillings
- Drill-less dentistry
- Children of all ages welcome
- Relaxing & friendly environment
- TVs, videos, & music in treatment rooms
- Children's play area
- Visa, MasterCard, American Express, Discover and CareCredit welcome
- Wheelchair accessible

Your Neighborhood Dental Office!

Are You Too Adaptable?

Don't Be The Last To Know

Adaptability can be too much of a good thing. Did you know that you can't judge your own breath because you become so accustomed to it? Bad breath is in bad taste ... but it can also point to bad health. Dentistry can help.

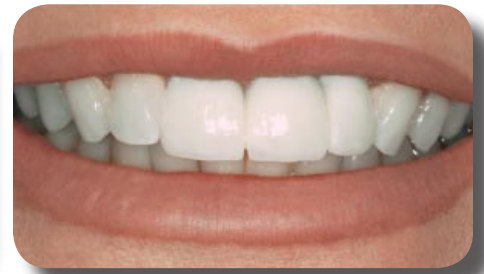
The dentist can show you how to conduct a bad-breath self exam, give you honest – and gentle – feedback if you're concerned, and more importantly, direct you to products and procedures that really work.

Some bad breath is temporary due to diet, medications, or hormones that alter the balance of bacteria. Short-term bad breath can be cured by brushing, flossing, and rinsing. Gum disease, xerostomia (dry mouth), sinus infections, systemic diseases like diabetes, or gastrointestinal disorders might require professional intervention.

Whatever the cause, don't be embarrassed. Talk to the dentist! We can help!

10 Implant Imperatives

Bone loss in your jaw will always follow the loss of a tooth. Dental implants can help you to avoid facial changes, speech changes, and diet changes that take place over time as teeth shift, jawbone recedes, and in extreme cases, cheeks take on a collapsed look. Dental implants can replace those lost teeth and help you to look great.



Here are some reasons why dental implants are now the treatment of choice for many people who need to replace missing teeth.

Implants ... require only normal brushing and flossing for maintenance;

...are anchored permanently in your jawbone;

...preserve and strengthen the underlying bone just like the roots of your natural teeth;

...do not alter or compromise adjacent healthy teeth;

...require no plates that can affect comfort and fit;

...can replace the form and function of only one tooth or two, or can replace teeth in an entire jaw;

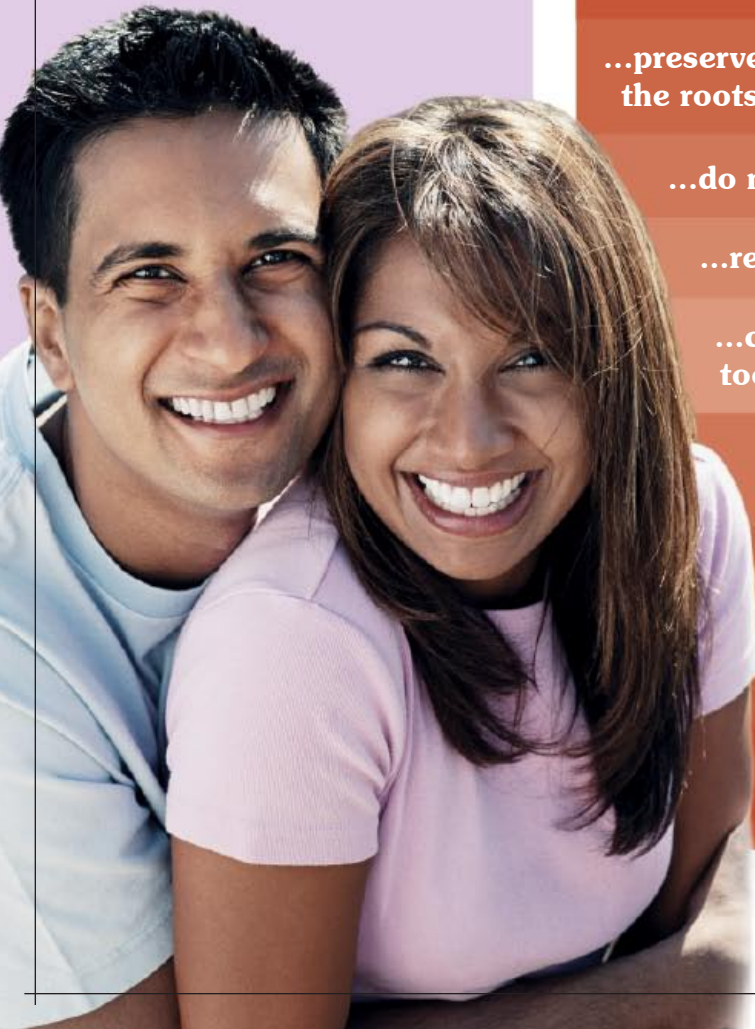
...can anchor dentures to prevent shifting, or replace partial dentures & bridgework;

...are without any age barrier;

...are safe & reliable (hundreds of thousands are placed every year – all over the world);

...look completely natural so that no one will know you have them ... unless you tell!

Call for a consultation. Safe, reliable, & natural-looking dental implants may be your solution.



Essential Esthetics

Don't settle for less!
Be at your very best!

Do you cover your grin? Wouldn't you rather enjoy the spotlight and flash your perfect smile? Don't let a less-than-ideal smile hold you back ever again! Dentistry can repair, restore, brighten, and enhance your smile – often in only one or two visits!

Brighten dull teeth enamel

simply and safely with professional teeth whitening – whether your smile has become discolored from food or tobacco stains, age, or root canal therapy.

Conceal chips and cracks with marvelous bonding materials. With tooth flaws concealed, the only thing people will notice is your beautiful smile.

Close gaps in your smile with natural-looking bonding or veneers that build up and re-proportion your tooth surfaces to eliminate unattractive spaces.

Realign the appearance of crooked, crowded, or worn-down teeth with bonding and veneers that boost your smile power with natural-looking restorations.

Improve appearance and strengthen teeth with crowns that cover or cap teeth, restoring them to an ideal shape.

Span gaps with a bridge to replace one or more teeth.

Match fillings to your teeth color, even at the back of your mouth, with attractive and durable composite fillings.

With dental health... show pink healthy gums, clean and beautiful teeth, and enjoy sweet smelling breath.



A discolored incisor no longer inhibits a smile!



Color Me Healthy

Superfoods and your oral health

At a time when your oral health has been linked to systemic diseases like diabetes, some cancers, osteoporosis, and cardiovascular diseases, healthy eating is an important component of a healthy mouth ... and body. Experts recommend superfoods that range from beans to nuts and yogurts....

Beans
Blueberries
Broccoli
Oats
Oranges
Pumpkin
Salmon
Soy
Spinach
Tea (green or black)
Tomatoes
Turkey
Walnuts
Yogurt

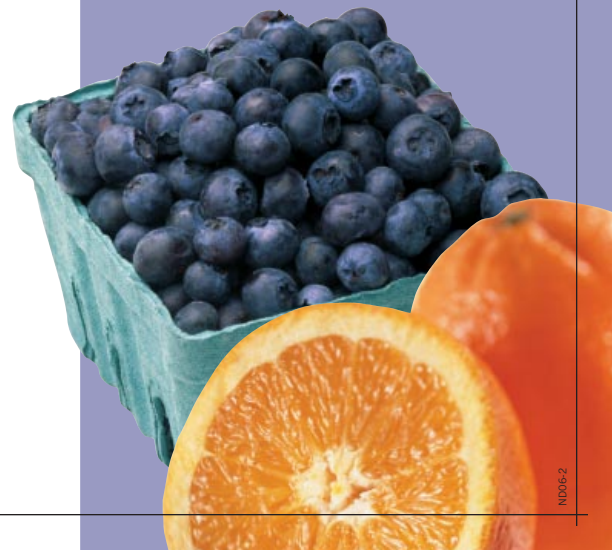
We've presented these foods alphabetically, but here's a hint. Think color! The nutrients in foods that are deep blue, purple, red, green, or orange can protect against heart disease and cancer. They also boost our ability to recall, our reasoning skills, and our sense of balance.

With regular checkups to support your healthy diet, and a regular home care routine of brushing, flossing, and rinsing, dentistry can keep your mouth healthy!

Fight Cavities | Deploy Prevention

Cavities can affect your appearance, lead to abscessed teeth and toothaches, and can affect your ability to eat, talk, and swallow. In one report, 30% of the US National Guard had dental conditions that made them undeployable ... until their teeth were fixed. Here are a few ways that we can help keep your smile healthy:

- Apply a topical fluoride.
- Seal out decay with a plastic coating.
- Teach home hygiene to prevent cavities.
- Diagnose and treat cavities.
- Smooth edges that harbor bacteria.
- Replace older fillings that allow bacteria to leak below the restoration.
- Treat gum disease to prevent root exposure and infection.



Non-Surgical Laser Treatment...

The dentists of **Towne Centre Family Dental** use a laser instead of gum surgery. The light can be focused into a tiny point to do very fine, exact work. It provides precise targeting of damaged tissue with minimal pain or discomfort and no need for sutures. Because the laser disinfects as it cleans away diseased tissue, there is less infection or swelling. With new laser periodontal therapy, most people are able to avoid expensive and painful gum surgery.

Please call for a free consultation. We can assess your oral home care and discuss treatment options to help your gums get healthy again.

New Patient Special!

now
\$79

"10 Point Healthy Smile Examination"
Regularly \$205
Offer ends:
August 31st, 2006.

Includes:

1. Friendly, relaxed meeting with your dentist.
2. Special guest tour of the office.
3. Intra-oral camera exam (see your teeth on TV if you want).
4. Healthy teeth and gums check up.
5. Invisalign, smile makeover and implant consultation.
6. TMJ and headache evaluation.
7. Oral cancer screening and cracked tooth prevention.
8. Computerized x-rays (very safe).
9. Welcome kit with free gift and smile update newsletter.
10. No obligation recommended action plan.



Confidence & Comfort

Dental implants can help you smile more!

Dental implants can help you look better, eat better, and feel better. More than a million have been successfully placed in North America. That's a lot of smiles! If you've been considering implants, here are a few of the most commonly asked questions.

What is an implant? An implant has two parts: a biocompatible metal root and a custom-made tooth which is attached to it. Underlying bone is prepared to accept the root which becomes part of your jawbone.

How do I know if implants are for me? Implants are so versatile that they can replace one or more teeth, support a bridge and eliminate the need for a removable partial denture, or provide support to make a complete denture more secure and comfortable.

Will my implants look natural? Completely natural. You can eat, speak, and socialize with ease.

Are implants safe? Definitely. Implants have been used for about 35 years, and patients can expect a 98% success rate.

Do implants require special after-care? No. They require the same home care and regular dental visits as natural teeth.

Are age and health important factors? Age is not a factor. Most people in good overall and oral health are excellent candidates for implants.

How long will implants last? Implants are designed to be permanent, and more than 90% last for twenty years or more.

If you have more questions about dental implants, please call us! We're here to help!

Sincerely,

Albert Internoscia, DMD, MAGD
Master Academy of General Dentistry

**Free Implant
Consultation!**

**Towne Centre Family Dental and
The Implant & SmileMakeover Studio**
Albert Internoscia, DMD, MAGD
419 Route 206
Hillsborough, NJ 08844-5094

PRSR STD
U.S. POSTAGE
PAID
PNP 14304